



Join us at **Peace Community  
United Church of Christ**

**Lunch & Presentation:**

## **“Aging Everyone is Doing It”**

**Saturday, March 2<sup>nd</sup>**

11:30 a.m. Lunch (\$5 donation  
suggested) RSVP for lunch  
by Thurs., February 29th

12:30 p.m. Presentation

***ALL ARE WELCOME!***

We are located at

4061 Columbus– Sandusky Rd. S., Marion

To make reservations or for questions, please  
call (740) 726-2808 or e-mail:

[pcucsecretary@gmail.com](mailto:pcucsecretary@gmail.com)

We all are aging. How we think about our aging, how we talk about our aging and what we feel about our aging all impact how we actually age. The challenge is that the messages from the wider culture around us don't provide us with very positive or supportive images of later life. Come and hear what the research tells us about those cultural images and some ways we can reframe how we think about aging. The hour program will provide insight and seek the wisdom and experience of those who gather for the conversation.

Come and join Rev. Beth Long-Higgins, VP of Engagement and Director of the Ruth Frost Parker Center and Rev. Darla Metz, Chaplain for Community Engagement, of United Church Homes .



The Parker  
Center for  
Abundant Aging  
is an initiative of

United Church Homes. We work to promote the riches of Abundant Aging, advocate for an inclusive society that conquers ageism and provide education and resources to transform how we think about elderhood. You can subscribe to our blog, listen to our podcasts or find other resources on our website:  
[www.abundantaging.org](http://www.abundantaging.org).